

# A Letter from Conchita

to Garabandal workers (1971)

**“Walking is to suffer... resting is to be happy.”**

Ave Maria

Dear Workers of the Blessed Virgin:

Although these words are only mine, accept them on faith as representing the wish of the Blessed Virgin for each one of us. Fulfill and make others fulfill the Message by your example, prayers and words. *We are now nearing the last times.*

God's Messages to us are not (only) things to remember and admire. We must fulfill them and spread them. The harvest is great and the time very short. Christian unity is necessary among the workers. Through it, you receive more graces from God.

He who seeks God will always find Him. One can find Him in church as well as at a dance, in a drunken person and a drug addict as well as in a priest. It only depends upon the love and confidence that the person feels for God.

*Do you want to be happy?* Then retire alone with God for a few minutes. Place yourself in the presence of God and of your own soul. Then with utter sincerity, recognize your faults. Ask God for the grace to overcome them and try with all your strength day after day, moment by moment, to correct them. Then you will begin to feel completely happy. Your faults are the only things that will make you feel miserable and unhappy. Also, in your moments of intimacy with God, remember the qualities that God has given you. Put them to good use, and give Him thanks. I assure you who read these lines that you will be happy. Remember that this life is a journey where the trail we must follow has been blazed by the life of Christ. Do you suffer? Fine, Christ goes before you. Carry your suffering with joy because when



Conchita in July, 1969, at the age of 20.

you suffer, God is closer to you. Are you happy? That is fine, too. It provides a rest on your journey. You have to reach the goal in this way, walking and resting. Walking is to suffer, and resting is to be happy. The goal is heaven, the house of the Father where the Blessed Virgin waits with outstretched arms to receive you and admit you very quickly. She will not let St. Peter detain you very long. She, with her mother's heart, will quickly obtain the eternal happiness you seek.

Give God your will and ask the Blessed Virgin never to permit you to do anything contrary to God's designs for you. Ask her also to teach you to be happy and to smile in your suffering. Pray for me.

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